

# The Financial Contribution Paid by Adults Entrusted to Intermediate Resources

Québec society recognizes that persons living in a structured environment need to remain in the community and require assistance with their reintegration into society. To this end, accommodation resources known as “intermediate resources” have been created in order to offer these persons a residential environment as close as possible to a home environment and in which they receive the support and assistance they require.

To be fair to everyone, persons accommodated by intermediate resources, just like those accommodated by residential and long-term care centres (CHSLDs), help pay the cost of the services they receive.

The role of the Régie de l'assurance maladie du Québec is to determine the amount of the financial contribution paid by persons under the care of intermediate resources, by applying the rules consistently, equitably and impartially.



## What is an intermediate resource?

An “intermediate resource” consists of one or more persons who act as an intermediary between a public facility<sup>1</sup> to which they are bound by contract and the users entrusted to them by the facility. Intermediate resources operate residences that accommodate people who are unable to live autonomously in their own home but who don't need the close supervision provided in a hospital setting.

Every intermediate resource must go through an evaluation and accreditation process before being authorized to accommodate residents. When entrusting a person to an intermediate resource, the public facility takes into account the person's needs and the resource's capabilities, since the intermediate resource is required to provide for the day-to-day needs of the residents it accommodates.

## Types of residences

There are currently four main types of residences operated by intermediate resources.

### SUPERVISED APARTMENT

One or more persons live in an apartment where supervision is provided. The intermediate resource is the owner or tenant of the apartment.

### ROOMING HOUSE

The person occupies a room in a facility owned by the intermediate resource. The facility may have one or more common rooms, and may offer group activities.

### RECEPTION HOME

The persons (or person) constituting the intermediate resource share their own home with the people they accommodate and provide all or some of the support or assistance the people require.

### GROUP HOME

The people live in a facility rented out or owned by the intermediate resource, and different persons take turns providing all or some of the support or assistance services the people require.

## Services offered

Accommodation services and support or assistance services are offered by recognized intermediate resources and are intended to help residents maintain, increase or regain their autonomy so that they can remain in or integrate into the community.

Accommodation services consist in offering residents a **home adapted to their needs**, for varied durations (short, or long term).

1. A local community services centre (CLSC), a hospital centre (CH), a residential and long-term care centre (CHSLD), a child and youth protection centre (CPEJ and CJ) or a rehabilitation centre (CR).

Support and assistance services consist of “basic” or “intervention” services:

- “Basic” services provide users with adequate sanitary conditions (e.g. housekeeping, laundering of bedding and clothing), a balanced diet and an adapted environment.
- “Intervention” services give residents the support they need for overcoming the difficulties they experience or for preventing their situation from deteriorating (e.g. stimulating, encouraging or eliminating a certain type of behaviour). The type of assistance is usually defined in an intervention plan drawn up by a social worker.

## Who covers the cost of services provided by an intermediate resource?

The cost of the services is covered both by the public facility that has a contract with the intermediate resource and by the person receiving the services.

The public facility pays the intermediate resource monetary compensation corresponding to the cost of the services stipulated in the contract. The resident helps cover the cost of his or her accommodation by paying a contribution to the public facility.

## Who determines what amount the person must pay?

The Régie de l'assurance maladie du Québec has a mandate from the Minister of Health and Social Services to calculate the amount of the contribution payable by persons accommodated by intermediate resources.

## How is the required contribution established?

The contribution paid by a person who is under the care of an intermediate resource is established on a monthly basis and takes into account three factors:

1. Whether or not the person is a recipient of last-resort financial assistance.
2. The duration of the person's accommodation:
  - the person is expected to return to his or her home environment within two years after having been taken charge of by the intermediate resource
  - the person will not return to his or her home environment within two years
3. The person's age:
  - age 18 to 65
  - age 65 or over

A person's contribution may never exceed the maximum contribution provided for in the *Regulation respecting the contribution of users taken in charge by intermediate resources*. The amount of the contribution is indexed on **January 1** of each year.

NB: To find out which intermediary resources are available in your region, contact your CLSC.

A **simulation tool** to calculate the financial contribution is available on our website.

### FOR FURTHER INFORMATION

We invite you to consult our website.

[www.ramq.gouv.qc.ca](http://www.ramq.gouv.qc.ca)

You may also obtain information by telephone.

In Montréal: 514 873-1573

Elsewhere in Québec: 1 866 237-8311

### To write to us

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### Opening hours

Monday, Tuesday, Thursday and Friday: 8:30 a.m. to 4:30 p.m.  
Wednesday: 10:00 a.m. to 4:30 p.m.

Information is also available at your regional Services Québec office.