

Financial Assistance Program for Domestic Help Services

The Financial Assistance Program for Domestic Help Services allows for a reduction in the hourly rate charged for home services by social economy businesses accredited by the Ministère de la Santé et des Services sociaux (MSSS). Fixed or variable financial assistance is available.

You do not qualify for the program if you are already receiving compensation for domestic help services under another public plan (e.g. Commission des normes, de l'équité, de la santé et de la sécurité du travail, Société de l'assurance automobile du Québec, Veterans Affairs Canada) or under a private insurance plan.



Eligibility criteria and amount of financial assistance available

For both fixed assistance and variable assistance, you must:

- reside in Québec and be covered by the Québec Health Insurance Plan
- receive the services of a social economy business accredited by the MSSS

FIXED FINANCIAL ASSISTANCE

To qualify for fixed financial assistance, regardless of your income, you must be age 18 or over.

The program provides **fixed assistance in the amount of \$4** per hour of service rendered to all eligible persons.

VARIABLE FINANCIAL ASSISTANCE

To qualify for variable financial assistance, you must:

- be age 65 or over

OR

- be between ages 18 and 64 and have been referred by a local community service centre (CLSC), an integrated health and social services centre (CISSS) or an integrated university health and social services centre

The amount of variable financial assistance is determined according to your age, income and family situation. Thereafter, you pay only for the difference between the rate charged by the business and the amount of assistance granted to you.

For an estimate of the financial assistance for which you may be eligible, go to the [Domestic help](#) page of our website and use the calculation tool.

Covered services

- Light housework: Vacuuming, dusting, cleaning (e.g. refrigerator, bathtub)
- Heavy housework: Major cleaning, clearing snow or leaves from the main access to the residence
- Clothing care: Laundry, ironing
- Preparation of **non-diet** meals (e.g. gluten-free, peanut-free)
- Shopping and other errands (e.g. accompanying you at the supermarket, bank or pharmacy)

Note: Some businesses do not offer all of these services.

Applying for domestic help

1. Contact a social economy business to find what services it offers and sign a service agreement.
2. The business will provide you with the forms *Application for Financial Assistance and Service Agreement*. It will also help you in preparing your application.
3. The business will send us your application.
4. We will notify you, as well as the business, of the amount of financial assistance granted to you.

FOR FURTHER INFORMATION

We invite you to consult our website.

www.ramq.gouv.qc.ca

You may also obtain information by telephone.

Montréal: 514 873-9504

Elsewhere in Québec: 1 888 594-5155

To write to us

Service de la contribution et de l'aide financières
Régie de l'assurance maladie du Québec
425, boul. De Maisonneuve Ouest, bureau 213
Montréal (Québec) H3A 3G5

Opening hours

Monday, Tuesday, Thursday and Friday: 8:30 a.m. to 4:30 p.m.
Wednesday: 10:00 a.m. to 4:30 p.m.

Information is also available at your regional Services Québec office.