You can consult various doctors (general practitioners or specialists). However, the general practitioner who will be identified as your family doctor is the one who agrees to take charge of you and ensure follow-up of your health problems. Follow-up includes prescribing examinations or prescription drugs and, if needed, requests for consultation with another general practitioner or specialist. Your family doctor receives additional remuneration to do so.

Please note that you can be registered with ONE family doctor ONLY.

The doctor you are currently consulting offers you the possibility of designating him or her as your family doctor by signing the form entitled Registration With a Family Doctor.

**Information to help you make a sound decision**

**You are not registered with a family doctor but wish to be.**

- You can accept the offer of the doctor you are currently consulting and designate him or her as your family doctor by signing the form entitled Registration With a Family Doctor.
- As of the date you sign the form, that doctor becomes your family doctor, that is, he or she agrees to take charge of you and ensure your medical follow-up.

**You are already registered with a family doctor and do not wish to change doctors.**

- Advise the doctor you are currently consulting that such is the case;
- Do not sign the Registration With a Family Doctor form because by so doing you would cancel your registration with him or her, whom you have already designated as your family doctor and whom you usually consult.

**You have already designated your family doctor, but wish to change and designate a new one.**

- You can accept or refuse your current doctor’s offer.
- **If you accept his or her offer**, you must sign the Registration With a Family Doctor form.
- As of the date you sign the form, that doctor becomes your family doctor, that is, he or she agrees to take charge of you and ensure your medical follow-up.
- The Régie de l’assurance maladie du Québec will receive your new registration and notify your former family doctor that you have cancelled your registration with him or her. The Régie will also provide your former family doctor with the information regarding your new family doctor and your place of registration.
- **If you refuse the offer** made to you, your registration with the doctor you previously designated as your family doctor will be maintained.

**IMPORTANT:** While it is preferable to be registered with a family doctor, it is not a condition for receiving medical services.